

Cornerstone Adult Services Information:

Cornerstone Adult Services has been serving the frail, elderly and adults with disabilities for over 35 years. In 1973, Cornerstone (then known as Central Adult Daycare) opened the first adult day center in Rhode Island. Throughout its 35 year history, Cornerstone has provided day services including supervised activities, nursing care, meals, physical exercise and cognitive therapy in a protected environment to impaired adults and individuals with Alzheimer's disease and other forms of dementia.

Center Locations and Hours:

All centers are open Monday through Friday, 7:30 am to 4:30 p.m. A special Saturday Day Program is held at the Alzheimer's Care Center for all participants from 9:00 am to 3:30 p.m.

Alzheimer's Care Center: 140 Warwick Neck Avenue, Warwick (401) 739-2844
Adult Day Centers: Apponaug Center, 3270 Post Road, Warwick (401) 739-2847
Coventry Center, 60 Wood Street, Coventry (401) 822-6212
Bristol Center, 172 Franklin Street, Bristol (401) 254-9629

Cornerstone services individuals with:

- Developmental Disabilities
- Stroke-related disabilities
- Cardiac conditions
- Diabetes
- Multiple Sclerosis
- Alzheimer's disease, and other physical and mental disabilities

Services provided:

Each participant has a Personalized Plan of Services to Maximize Cognitive and Physical Abilities.

Health:

- Monthly Weight and Vital Sign Monitoring
- Nutritional counseling and special diets
- Exercise program
- Medication Administration
- Dressing changes/wound care
- Flu vaccinations
- Restorative Care
- Physician Services on-site: Podiatry

Therapeutic Recreational Activities:

- Reminisce
- Current Events/Seasonal Programs
- Arts and Crafts
- Baking/Cooking
- Games
- Music/Drama
- Horticulture
- Spiritual Support
- Library/Reading
- Field Trips
- Intergenerational Programs

Personal Care:

- Showers
- Hair Care (Men and Women)
- Nail Care
- Toilet cueing and incontinence care

Cornerstone's social workers, in addition to their primary responsibilities, run support groups for caregivers and an educational series in the community, and are a lifeline to caregivers who are often stressed and in need of assistance to locate help for their loved one.